

324-9622

The number in parenthesis (#) denotes the number of lanes available for that activity

Temp 85 Depth 3 1/2 - 9 ft Distance 25 yards 1 mile = 36 laps or 72 lengths

	Adult Lap Swim	Senior Swim	Water Exercise	Open Swim
Monday	5:00 - 7:30 a.m. 6	7:30-8:20 a.m. (2)	Water Fitness 8:30-9:30 a.m. 7:00-8:00 p.m.	10:00-11:00 a.m. (2) 1:00-5:45 p.m. (2) 8:10-9:45 p.m. (2)
	7:30 - 8:20 a.m. 4			
	9:30 - 11:00 a.m. 1			
	11:00 - 12:00 p.m. 2			
	12:00 - 1:00 p.m. 6			
	1:00 - 2:00 p.m. 1			
	2:00 - 4:00 p.m. 2			
	4:00 - 6:50 p.m. 1 8:10 - 9:45 p.m. 3			
Tuesday	5:00 - 7:30 a.m. 6	7:30-8:20 a.m. (2)	Water Fitness 8:30-9:30 a.m. Silver Splash 11:00 a.m.-12:00 p.m.	10:00-12:00 p.m. (2) 1:00-5:15 p.m. (2) 6:40-9:45 p.m. (2)
	7:30 - 8:20 a.m. 4			
	9:30 - 11:00 a.m. 1			
	11:00 - 12:00 p.m. 1			
	12:00 - 1:00 p.m. 6			
	1:00 - 2:00 p.m. 1			
	2:00 - 4:00 p.m. 2			
	4:00 - 7:00 p.m. 1 7:00 - 9:45 p.m. 2			
Wednesday	5:00 - 7:30 a.m. 6	7:30-8:20 a.m. (2)	Water Fitness 8:30-9:30 a.m. 7:00-8:00 p.m.	10:00-11:00 a.m. (2) 1:00-5:30 p.m. (2) 8:10-9:45 p.m. (2)
	7:30 - 8:20 a.m. 4			
	9:30 - 11:00 a.m. 1			
	11:00 - 12:30 p.m. 2			
	12:00 - 1:00 p.m. 6			
	1:00 - 4:00 p.m. 2			
	4:00 - 6:15 p.m. 1			
	6:15 - 6:50 p.m. 2 8:10 - 9:45 p.m. 3			
Thursday	5:00 - 7:30 a.m. 6	7:30-8:20 a.m. (2)	Water Fitness 8:30-9:30 a.m. Silver Splash 11:00 a.m.-12:00 p.m. Water Fitness 7:00-8:00 p.m.	10:00-12:00 p.m. (2) 1:00-6:50 p.m. (2) 8:10-9:45 p.m. (2)
	7:30 - 8:20 a.m. 4			
	9:30 - 12:00 a.m. 1			
	12:00 - 1:00 p.m. 6			
	1:00 - 2:00 p.m. 1			
	2:00 - 4:00 p.m. 2			
	4:00 - 5:45 p.m. 1			
	5:45 - 6:50 p.m. 3 8:10 - 9:45 p.m. 3			
Friday	5:00 - 7:30 a.m. 6	7:30-8:20 a.m. (2)	Water Fitness 8:30-9:30 a.m.	10:00-11:00 a.m. (2) 1:00-2:50 p.m. (3) 4:30-9:45 p.m. (2)
	7:30 - 8:20 a.m. 4			
	9:30 - 11:00 a.m. 1			
	11:00 - 12:00 p.m. 2			
	12:00 - 1:00 p.m. 6			
	1:00 - 2:00 p.m. 1			
	2:00 - 3:00 p.m. 2			
	3:00 - 4:20 p.m. 1 4:20 - 9:45 p.m. 2			
Saturday	7:00 - 8:00 a.m. 6		Water Fitness 8:00-9:00 a.m.	11:30 a.m.-6:45 p.m. (2)
	8:00 - 11:30 a.m. 1			
	11:30 - 6:45 p.m. 2			
Sunday	10:00 - 11:00 p.m. 6			11:00-2:45 p.m. (4)
	11:00 - 2:45 p.m. 2			

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



Lap Swim: For high school age and above. (Youth may swim during indicated times if it is not crowded and they can do so without interrupting the pace of the adult swimmers.) Lane numbers are based on 6 lanes in the pool.
Open Swim: Youth who are entering 3rd grade and are able to pass the swim test may swim at these times without an adult present in the pool area. Parent must be in the building. Children under 3rd grade must have an adult (18+) who is in swim attire in the water.

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	7:30 - 8:20 a.m. 4			
	9:30 - 11:00 a.m. 1			
	11:00 - 12:00 p.m. 2			
	12:00 - 1:00 p.m. 6			
	1:00 - 2:00 p.m. 1			
	2:00 - 4:00 p.m. 2			
	4:00 - 6:50 p.m. 1			
8:10 - 9:45 p.m. 3	7:30-8:20 a.m. (2)	Water Fitness 8:30-9:30 a.m.	10:00-12:00 p.m. (2)	
5:00 - 7:30 a.m. 6				
7:30 - 8:20 a.m. 4				
9:30 - 11:00 a.m. 1				
11:00 - 12:00 p.m. 1				
12:00 - 1:00 p.m. 6				
1:00 - 2:00 p.m. 1				
2:00 - 4:00 p.m. 2				
4:00 - 6:00 p.m. 1				
7:00 - 9:45 p.m. 2	7:30-8:20 a.m. (2)	Water Fitness 8:30-9:30 a.m.	10:00-11:00 a.m. (2)	
5:00 - 7:30 a.m. 6				
7:30 - 8:20 a.m. 4				
9:30 - 11:00 a.m. 1				
11:00 - 12:30 p.m. 2				
12:00 - 1:00 p.m. 6				
1:00 - 4:00 p.m. 2				
4:00 - 6:15 p.m. 1				
6:15 - 6:50 p.m. 2				
8:10 - 9:45 p.m. 3	7:30-8:20 a.m. (2)	Water Fitness 8:30-9:30 a.m.	10:00-12:00 p.m. (2)	
5:00 - 7:30 a.m. 6				
7:30 - 8:20 a.m. 4				
9:30 - 12:00 a.m. 1				
12:00 - 1:00 p.m. 6				
1:00 - 2:00 p.m. 1				
2:00 - 4:00 p.m. 2				
4:00 - 6:30 p.m. 1				
6:30 - 6:50 p.m. 3				
8:10 - 9:45 p.m. 3	7:30-8:20 a.m. (2)	Water Fitness 8:30-9:30 a.m.	10:00-11:00 a.m. (2)	
5:00 - 7:30 a.m. 6				
7:30 - 8:20 a.m. 4				
9:30 - 11:00 a.m. 1				
11:00 - 12:00 p.m. 2				
12:00 - 1:00 p.m. 6				
1:00 - 2:00 p.m. 1				
2:00 - 3:00 p.m. 2				
3:00 - 4:20 p.m. 1				
4:20 - 9:45 p.m. 2	7:30-8:20 a.m. (2)	Water Fitness 8:00-9:00 a.m.	11:30 a.m.-6:45 p.m. (2)	
7:00 - 8:00 a.m. 6				
8:00 - 11:30 a.m. 1				
11:30 - 6:45 p.m. 2	7:30-8:20 a.m. (2)	Water Fitness 8:30-9:30 a.m.	10:00-11:00 a.m. (2)	
10:00 - 11:00 p.m. 6				
11:00 - 2:45 p.m. 2			11:00-2:45 p.m. (4)	

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