

Gym Schedule

Maple YMCA

269.345.9622

kzooymca.org

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| Мо | nday | Tue | esday | Wedi | nesday | Thu | rsday | Fr | iday | Satu | ırday | Sun | ıday |
|------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| North Gym | South Gym | North Gym | South Gym | North Gym | South Gym | North Gym | South Gym | North Gym | South Gym | North Gym | South Gym | North Gym | South Gym |
| | | | Dry Swim | | | | Dry Swim | | | | | | |
| Open Gym | | Open Gym | Practice | Open Gym | | Open Gym | Practice | Open Gym | | | | | |
| 5:00a- | | 5:00a- | 6:00a- | 5:00a- | | 6:00a- | 6:00a- | 6:00a- | | Taekwondo | Taekwondo | | |
| 10:00a | | 10:00a | 7:00a | 10:00a | | 10:00a | 7:00a | 10:00a | | Class | Class | | |
| Family | | Sporties | | Family | | Family | | Family | | 8:00a- | 8:00a- | | |
| Gym Time | | For | | Gym Time | | Gym Time | | Gym Time | | 11:00a | 11:00a | | |
| 10:00a- | | Shorties | | 10:00a- | | 10:00a- | | 10:00a- | | | | | |
| 12:00p | Open Gym | 10:00a- | Open Gym | 12:00p | Open Gym | 12:00p | Open Gym | 12:00p | Open Gym | | | | |
| | 5:00a- | 11:00a | 7:00a- | | 5:00a- | | 7:00a- | | 6:00a- | Badminton | Badminton | Badminton | Badminton |
| | 5:00p | | 5:00p | | 7:45p | | 5:00p | | 7:45p | 11:00a- | 11:00a- | 11:00a- | 11:00a- |
| Open Gym | | Open Gym | | Open Gym | | Open Gym | | Open Gym | | 2:00p | 2:00p | 1:00p | 1:00p |
| 12:00p- | | 11:00a- | | 12:00p- | | 12:00p- | | 12:00p- | | | | | |
| 5:00p | | 5:00p | | 5:45p | | 5:00p | | 7:45p | | | | | |
| | | | | | | | | | | Open Gym | Open Gym | Open Gym | Open Gym |
| | | | | | | | | | | 2:00p- | 2:00p- | 1:00p- | 1:00p- |
| Basketball | | Taekwondo | Taekwondo | Fencing | | Taekwondo | Taekwondo | | | 4:45p | 4:45p | 2:45p | 2:45p |
| Class | Badminton | Class | Class | Class | | Class | Class | | | | | | |
| 5:00p- | 5:00p- | 5:00p- | 5p-6:30p | 5:45p- | | 5:00p- | 5p-6:30p | | | | | | |
| 7:45p | 7:45p | 7:45p | Open Gym | 7:45p | | 7:45p | Open Gym | | | | | | |
| | | | 6:30p- | | | | 6:30p- | | | | | | |
| | | | 7:45p | | | | 7:45p | | | | | | |

^{*} Schedule is subject to change, if you have questions please contact

Pete Jameyson

Youth & Family Director

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