



AQUATICS SCHEDULE

September 2-December 21
THE YMCA OF GREATER KALMAZOO

PORTAGE

2900 W. Centre Ave

Questions? Contact Portage
Aquatics Director Kat Cyr-Lopez

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For a better us.®

Schedule subject to change due to school schedules, private lessons, and other special events.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim 11a-12:30p	Lap Swim 6-8a	Lap Swim 6-8a	Lap Swim 6-8a	Lap Swim 6-8a	Lap Swim 6-8a	Lap Swim 8-9a
Family Swim Lap Swim 12:30-3:30p	Open Water Ex Lap Swim 8-8:45	Open Water Ex Lap Swim 8-8:45	Open Water Ex Lap Swim 8-8:45	Open Water Ex Lap Swim 8-8:45	Open Water Ex Lap Swim 8-8:45	Swim Lessons Lap Swim 9-11:30a
Lap Swim 3:30-4:30p	Aqua Jam Lap Swim 9-9:45a	Water Exercise NO LAP LANES 9-9:45a	Deep water arth.+ Lap Swim 9-9:45a	Water Exercise NO LAP LANES 9-9:45a	Aqua Jam Lap Swim 9-9:45a	Lap Swim 11:30a-12:30p
	Water Exercise Lap Swim 10-10:45a	Swim Lessons Lap Swim 10-11a	Water Exercise NO LAP LANES 10-10:45a	Cardio Drumming Lap Swim 10-10:45a	Water Exercise NO LAP LANES 10-10:45a	Family Swim Lap Swim 12:30-3p
	Water Exercise NO LAP LANES 11-11:45a	Arthritis Lap Swim 11-11:45a	Aqua Jam Lap Swim 11-11:45a	Arthritis Lap Swim 11-11:45a	Family Swim Lap Swim 11a-12p	Pool Closed- Safety Break 3-3:15p
	Lap Swim 12-1p	Lap Swim 12-2:45p	Lap Swim 12-1p	Lap Swim 12-2:45p	Lap Swim 12-3:30p	Lap Swim 3:15-4:30p
	Swim Lessons Lap Swim 1-2p	Family Swim Lap Swim 2:45-3:45p	Swim Lessons Lap Swim 1-2p	Family Swim Lap Swim 2:45-3:45p	Swim Team Lap Swim 3:30-5:30	
	Lap Swim 2-2:45p	Swim Lessons Lap Swim 4-6:30p	Lap Swim 2-2:45p	Swim Lessons Lap Swim 4-6p	Family Swim Lap Swim 5-7:30p	
	Family Swim Lap Swim 2:45-3:45p	Family Swim Lap Swim 7-8:30p**	Family Swim Lap Swim 2:45-3:45p	Water Exercise NO LAP LANES 6-6:45p		
	Swim Lessons Lap Swim 4-6:30p		Swim Lessons Lap Swim 4-7:15p	Family Swim Lap Swim 7-8:30p		
*Paid Programming- Register in your Y account for sessions	Family Swim/Lap Swim 7-8:30p	** On 10/28 and 11/4 Swim team from 6:30- 8:30p				Revised 8/25/25