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FOR HEALTHY LIVING
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YMCA OF GREATER KALAMAZOO JOB DESCRIPTION

Job Title: **Fitness Attendant**

Pay Rate: **\$9.65/hour**

POSITION SUMMARY:

Provides excellent service to members in a safe, enjoyable, and positive environment that promotes member wellness and engagement in accordance with YMCA policies and procedures.

ESSENTIAL FUNCTIONS:

1. Trains, observes, and assists participants in the proper use of all strength training and cardiovascular machines. (Caring, Responsibility, Honesty, Respect, Cause Driven, Exceed Expectation)
2. Builds effective relationships with members; helps members connect with each other and the YMCA. (Caring, Responsibility, Honesty, Respect, Cause Driven, Exceed Expectation)
3. Maintains working knowledge of wellness and trend to provide effective information and support to members. (Responsibility)
4. Ensures fitness center area is clean and secure during shift. Reports incidents and hazardous conditions to supervisor. (Caring, Responsibility)
5. Follows YMCA policies and procedures; responds to emergency situations. (Caring, Responsibility, Honesty, Respect, Cause Driven, Exceed Expectation)

YMCA COMPETENCIES (Team Leader):

Mission Advancement: Accepts and demonstrates the Y's values. Demonstrates a desire to serve others and fulfill community needs. Recruits volunteers and builds effective, supportive, working relationships. Supports fundraising.

Collaboration: Works effectively with people of different backgrounds, abilities, opinions, and perceptions. Builds rapport and relates well to others. Seeks first to understand the other person's point of view and remains calm in challenging situations. Listens for understanding and meaning; speaks and writes effectively. Takes initiative to assist in developing others.

Operational Effectiveness: Makes sound judgments and transfers learning from one situation to another. Embraces new approaches and discovers ideas to create a better member experience.

Establishes goals, clarifies tasks, plans work, and actively participates in meetings. Follows budgeting policies and procedures - reports all financial irregularities immediately. Strives to meet or exceed goals and deliver a high-value experience for members.

Personal Growth: Pursues self-development that enhances job performance. Demonstrates an openness to change and seeks opportunities in the change process. Accurately assesses personal feelings, strengths and limitations and how they impact relationships. Has the functional and technical knowledge and skills required to perform well - uses best practices and demonstrates up-to-date knowledge and skills in technology.

QUALIFICATIONS:

1. Required certifications: CPR, AED
2. Ability to read and interpret instructions, procedures, manuals, and other documents.
3. Ability to report and record maintenance requests.
4. Ability to connect with people of diverse backgrounds.

5. Experience in fitness preferred.

PHYSICAL DEMANDS:

1. Ability to perform all physical aspects of the position; including walking, standing, bending, reaching, and lifting.

For more information or to apply, contact Kristen Lovely at klovely@kzooymca.org.