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YMCA OF GREATER KALAMAZOO VACANCY ANNOUNCEMENT

Job Title: Group Exercise Instructor (Pilates, Barre)

Pay Rate: \$18.00+ per hour

POSITION SUMMARY:

Instructs group classes (Pilates, Barre). Provides excellent service to members in a safe, enjoyable, and positive environment that promotes member wellness and engagement in accordance with YMCA policies and procedures.

ESSENTIAL FUNCTIONS:

1. Leads group classes, as directed by the supervisor, to accomplish the YMCA mission and goals.
2. Conducts energizing, fun, safe, and educational classes.
3. Builds effective relationships with members; helps members connect with each other and the YMCA.
4. Maintains working knowledge of wellness and trends to provide effective information and support to members.
5. Keeps accurate class attendance records.
6. Follows YMCA policies and procedures; responds to emergency

QUALIFICATIONS:

1. Required certifications: CPR, AED, national certification (ACE, NETA, AFAA, NASM) in group fitness instruction or YMCA Foundations of Group Exercise certification.
2. Certification in areas of expertise (i.e. Pilates, Barre).
3. YMCA Healthy Lifestyles certification within 60 days of hire.
4. At least one year of experience teaching group wellness classes preferred.

PHYSICAL DEMANDS:

1. Ability to conduct classes and activities relating to fitness.
2. Ability to perform all physical aspects of the position; including walking, standing, bending, reaching, and lifting.

TO APPLY:

Please submit a resume Kristen Lovely, HR Director, via email at klvely@kzoymca.org.

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