



**Maple**

**YMCA OF GREATER KALAMAZOO**

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**AQUATICS SCHEDULE  
March—June 04 2022**

**Instructional Pool**

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
Family Swim 11:05a - 11:50a	Shallow Water Exercise 9a - 10a	Lap Swim 9a-10a	Shallow Water Exercise 9a - 10a	Lap Swim 9a-10a	Shallow Water Exercise 9a - 10a	Adult Open 9a-10a
Family Swim 12p - 12:45p	YAP 10a - 11a	Lessons 10a-11a	Lessons 10a-11a	Lessons 10a-11a	Adult Open 10a-11a	Family Swim 10a-10:45a
Family Swim 1p - 1:45p	Adult Open 11a-12p	Aqua Tai Chi 11a-12p	Adult Open 11a-12p	Aqua Tai Chi 11a-12p	11a-12p Lap Swim	Family Swim 11a-11:45a
Family Swim 2p - 2:45p	Lap Swim 12p-1p	Shallow Water Exercise 12p-1p	Arthritis 12p-1p	Shallow Water Exercise 12p-1p	12p-1p Lap Swim	Family Swim 12p - 12:45p
Pool Closed 3p	Adult Open 1p-2p	Arthritis 1p-2p	Silver Splash 1p-2p	Arthritis 1p-2p	1p-2p Adult Open	Family Swim 1p - 1:45p
	Lap Swim 2p-3p	Lap Swim 2p-3p	Family Swim 2p-3p	Lap Swim 2p-3p	2p-3p Family Swim	Family Swim 2p - 2:45p
	Arthritis 3p-4p	Family Swim 3p-4p	Lessons 3p-5:30p	Family Swim 3p-4p	3p-4p Family Swim	Pool Closed 3p
	Lessons 4p-7p	Lessons 4p-5:30p	Arthritis 6p-7p	Lessons 4p-5:30p	4p-5p Family Swim	
		Family Swim 5:30p-6:30p	Pool Closed 7p	Lessons 5:30-6:30p	5p-6p Family Swim	
		Lap Swim 6:30p-7:30p		Lap Swim 6:30p-7:30p	Pool Closed 6p	