



Maple

YMCA OF GREATER KALAMAZOO

1001 W Maple Kalamazoo, 49008

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**AQUATICS SCHEDULE Instructional Pool
September 6th— December 23rd 2022**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Family Swim 11:05a -11:50a	Shallow Water Exercise 9a -10a	Aqua Tai Chi 9a-9:50a	Shallow Water Exercise 9a -10a	Adult Open 9a-10a	Shallow Water Exercise 9a -10a	Adult Open 8:05a-8:50a
Family Swim 12p -12:50p	Swim Lessons 10a-11a	Swim Lessons 10a-11a	Swim Lessons 10a-11a	Swim Lessons 10a-11a	Arthritis 10a-11a	Shallow Water Exercise 9a-10a
Family Swim 1p -1:50p	Aqua Yoga 11a-12p	Adult Open 11a-12p	Adult Open 11a-12p	Family Swim 11a-12p	KRESA 11-11:50a	Swim Lessons 10a-10:45a
Family Swim 2p - 2:45p	Adult Open 12p-12:45p	Shallow Water Exercise 12p-1p	Arthritis 12p-1p	Shallow Water Exercise 12p-1p	Adult Open 12p-12:45p	Family Swim 11a-11:50a
Pool Closed 2:45p	Adult Open 1p—2p	Arthritis 1p-2p	Silver Splash 1p-2p	Arthritis 1p-2p	Family Swim 1p-1:45p	Family Swim 12p -12:50p
	Adult Open 2p-2:50p	Family Swim 2p-2:50p	Family Swim 2p-2:50p	Adult Open 2p-2:50p	Family Swim 2p-2:50p	Family Swim 1p -1:50p
	Arthritis 3p-4p	Middle School Swim 3p-3:45p	Middle School swim 3-3:45p	Family Swim 3p-3:50p	Family Swim 3-3:50p	Family Swim 2p - 2:45p
	Swim Lessons 4p-7p	Swim Lessons 4p-7p	Swim lesson 3:45p-5:45p	Swim Lessons 4p-7p	4p-4:50p Family Swim	Pool Closed 2:45p
			Arthritis 6p-7p		5p-5:50p Family Swim	

Schedule is subject to change due to school schedules, private lessons, and other special events