



# AQUATICS SCHEDULE

## INSTRUCTIONAL POOL

January 5th – June 7th 2026  
THE YMCA OF GREATER KALMAZOO

**MAPLE**

1001 W. Maple Street

Questions? Contact Association  
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For a better us.®

Schedule subject to change due to school schedules, private lessons, and other special events.

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>Family Swim</b> 11:05a -1p	<b>Shallow Water</b> 8a-8:50a	<b>Adult Open</b> 8a-9a	<b>Shallow Water</b> 8a-8:50a	<b>Adult Open</b> 8a-9a	<b>Adult Open</b> 8a-9a	<b>Adult Open</b> 8:05a-8:50a
<b>Safety Break</b> Pool Closed 1p- 1:15p	<b>Shallow Water</b> Exercise 9a -10a	<b>Shallow Water</b> Exercise 9a-10a	<b>Shallow Water</b> Exercise 9 9a -10a	<b>Shallow water</b> Exercise 9a-10a	<b>Shallow Water</b> Exercise 9a -10a	<b>Shallow Water</b> Exercise 9a-10a
<b>Family Swim</b> 1:15p-4:30p	<b>Swim Lessons</b> 10a-11a	<b>Swim Lessons</b> Pre K 10a-11a	<b>Swim Lessons</b> Pre K 10a-11a	<b>Swim Lessons</b> Pre K 10a-11a	<b>Arthritis</b> 10a-11a	<b>Family Swim</b> 10a-1p
<b>Pool Closed</b> 4:30p	<b>Family Swim</b> 11a - 11:50a	<b>Family Swim</b> 11a-12p	<b>Adult Open and</b> <b>Pre K lesson</b> 11a-12p	<b>Adult Open</b> 11a - 12p	<b>Adult Open</b> 11-12p	<b>Safety Break Pool</b> Closed 1p-1:15p
	<b>Adult Open</b> 12p-12:50p	<b>Shallow Water</b> Exercise 12p-12:45p	<b>Arthritis</b> 12p-12:50p	<b>Shallow Water</b> exercise 12p-12:45p	<b>Family Swim</b> 12p-6p	<b>Family Swim</b> 1:15p-4:30p
	<b>Adult Open</b> 1p - 1:50p	<b>Arthritis</b> 1p-2p	<b>Adult Open</b> 1p-1:50p	<b>Arthritis</b> 1p-2p	<b>Pool Closed</b> 6p	<b>Pool Closed</b> 4:30p
	<b>Family Swim</b> 2-2:50p	<b>Adult Open</b> 2p - 3p	<b>Family Swim</b> 2p - 3p	<b>Adult Open</b> 2p-3p		
	<b>Arthritis Plus</b> 3p-4p	<b>Family Swim</b> 3p-3:50p	<b>Middle school</b> swim 3p-3:50p	<b>Family Swim</b> 3p-3:50p		
	<b>Swim Lessons</b> 4p-7p	<b>Swim Lessons</b> 4p-7p	<b>Swim Lessons</b> 4p - 6:15p	<b>Swim Lessons</b> 4p-7p		
	<b>Pool Closed</b> 7p	<b>Pool Closed</b> 7p	<b>Arthritis Plus</b> 6:15p - 7p	<b>Pool Closed</b> 7p		
			<b>Pool Closed</b> 7p			

\*\* Please note\*\* The resistance pool will be off and not accessible during times listed as Swim Lessons