



AQUATICS SCHEDULE

INSTRUCTIONAL POOL
UPDATED March 3, 2023
THE YMCA OF GREATER KALMAZOO

MAPLE

1001 W. Maple Street

Questions? Contact Association
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For a better us.®

Schedule subject to change due to school schedules, private lessons, and other special events.

SUN	MON	TUE	WED	THUR	FRI	SAT
Family Swim 11:05a -11:50a	Adult Open 8a-9a	Adult Open 8a-9a	Adult Open 8a-9a	Adult Open 8a-10a	Adult Open 8a-9a	Adult Open 8:05a-8:50a
Family Swim 12p -12:50p	Shallow Water Exercise 9a -10a	Aqua Tai Chi 9a-9:50a	Shallow Water Exercise 9 9a -10a	Swim Lessons 10a-11a	Shallow Water Exercise 9a -10a	Shallow Water Exercise 9a-10a
Family Swim 1p -1:50p	Swim Lessons 10a-11a	Swim Lessons 10a-11a	Swim Lessons 10a-11a	Family Swim 11a-12p	Arthritis 10a-11a	Swim Lessons 10a-10:45a
Family Swim 2p - 2:45p	Shallow Water Exercise 11a-12p	Adult Open 11a-12p	Adult Open 11a-12p	Shallow Water Exercise 12p-1p	KRESA 11-11:50a	Family Swim 11a-11:50a
Pool Closed 2:45p	Adult Open 12p-12:45p	Shallow Water Ex- ercise	Arthritis 12p-1p	Arthritis 1p-2p	Adult Open 12p-12:45p	Family Swim 12p -12:50p
	Adult Open 1p—2p	Arthritis 1p-2p	Silver Splash 1p-2p	Adult Open 2p-2:50p	Family Swim 1p-1:45p	Family Swim 1p -1:50p
	Adult Open 2p-2:50p	Family Swim 2p-2:50p	Family Swim 2p-2:50p	Family Swim 3p-3:50p	Family Swim 2p-2:50p	Family Swim 2p - 2:45p
	Arthritis 3p-4p	Middle School Swim 3p-3:45p	Middle School swim 3-3:45p	Swim Lessons 4p-7:15p	Family Swim 3-3:50p	Pool Closed 2:45p
	Swim Lessons 4p-7p	Swim Lessons 4p-6:15p	Swim lesson 3:45p-5:45p	Pool Closed 7:15p	4p-4:50p Family Swim	
	Pool Closed 6p	Pool Closed 6:15p	Arthritis 6p-7p		5p-5:50p Family Swim	

March 2023—June 10, 2023

NOTE: Spring break will effect this schedule the week of March 26th-April1st