



# AQUATICS SCHEDULE

INSTRUCTIONAL POOL  
September 11th – December 23rd  
THE YMCA OF GREATER KALMAZOO

## MAPLE

1001 W. Maple Street

Questions? Contact Association  
Aquatics Director Renee Whalen

rwhalen@kzoymca.org | (p) 269-345-9622 ext. 173

For a better us.®

Schedule subject to change due to school schedules, private lessons, and other special events.

SUN	MON	TUE	WED	THUR	FRI	SAT
Family Swim 11:05a -11:50a	Adult Open 8a-9a	Adult Open 8a-9a	Adult Open 8a-9a	Adult Open 8a-9a	Adult Open 8a-9a	Adult Open 8:05a-8:50a
Family Swim 12p -12:50p	Shallow Water Exercise 9a -10a	Shallow Water Exercise 9a-10a	Shallow Water Exercise 9 9a -10a	Shallow water Exercise 9a-10a	Shallow Water Exercise 9a -10a	Shallow Water Exercise 9a-10a
Family Swim 1p -1:50p	Swim Lessons 10a-11a	Swim Lessons 10a-11a	Swim Lessons 10a-11a	Swim Lessons 10a-11a	Arthritis 10a-11a	Swim Lessons 10a-10:45a
Family Swim 2p - 2:45p	Aqua Tai Chi 11a - 11:50a	Swim Lessons 11a-12p	Family Swim 11a-12p	Aqua Jam 11a - 11:45	KRESA 11-11:50a	Family Swim 11a-11:50a
Pool Closed 2:45p	Adult Open 12p-12:50p	Shallow Water Exercise 12p-12:45p	Arthritis 12p-12:45p	Shallow water exercise 12p-12:45p	Adult Open 12p-1p	Family Swim 12p -12:50p
	Swim Lessons 1p - 1:50p	Arthritis 1p-2p	Silver Splash 1:15p - 2p	Arthritis 1p-2p	Family Swim 1p-2p	Family Swim 1p -1:50p
	Family Swim 2-2:50p	Adult Open 2p - 3p	Adult Open 2p - 3p	Adult Open 2p-2:50p	Family Swim 2p-2:50p	Family Swim 2p - 2:45p
	Arthritis Plus 3p-4p	Family Swim 3p-3:50p	Middle School Swim 3p - 3:50p	Family Swim 3p-3:50p	Family Swim 3-3:50p	Pool Closed 2:45p
	Swim Lessons 4p-7p	Swim Lessons 4p-6:15p	Swim Lessons 4p - 5:15p	Swim Lessons 4p-7:15p	4p-4:50p Family Swim	
	Pool Closed 7p	Pool Closed 6:15p	Aqua Jam 5:15 - 6p	Family Swim 6:15p - 7p	5p-5:50p Family Swim	
September 5th - December 23rd NOTE: Schedule subject to change			Arthritis Plus 6:15p - 7p			