Updated Jan 15 2024

## **AQUATICS SCHEDULE**

the

## **INSTRUCTIONAL POOL**

## For a better us.®

January 8th – June 9th 2024 THE YMCA OF GREATER KALMAZOO

1001 W. Maple Street **Questions?** Contact Association

rwhalen@kzooymca.org | (p) 269-345-9622 ext. 173

Schedule subject to change due to school schedules, private lessons, and other special events.

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>Family Swim</b> 11:05a -11:50a	Adult Open 8a-9a	Adult Open 8a-9a	Adult Open 8a-9a	Adult Open 8a-9a	Adult Open 8a-9a	<b>Adult Open</b> 8:05a-8:50a
Family Swim 12p -12:50p	Shallow Water Exercise 9a –10a	Shallow Water Exercise 9a–10a	Shallow Water Exercise 9 9a –10a	Shallow water Exercise 9a-10a	Shallow Water Exercise 9a -10a	Shallow Water Exercise 9a–10a
Family Swim 1p -1:50p	Swim Lessons 10a-11a	Swim Lessons 10a-11a	Swim Lessons 10a-11a	Swim Lessons 10a-11a	Arthritis 10a–11a	Family Swim By reservation 10a–10:50a
Family Swim 2p - 2:50p	<b>Family Swim</b> 11a - 11:50a	<b>Swim Lessons</b> 11a-12p	Family Swim 11a-12p	<b>Aqua Tai Chi</b> 11a - 11:45	<b>KRESA</b> 11–11:50a	Family Swim By reservation 11a–11:50a
Family Swim 3p - 3:50p	<b>Adult Open</b> 12p-12:50p	Shallow Water Exercise 12p-12:45p	Arthritis 12p-12:45p	Shallow Water exercise 12p–12:45p	Adult Open 12p-1p	Family Swim By reservation 12p -12:50p
Family Swim 4p - 4:30p	<b>Swim Lessons</b> 1p – 1:50p	Arthritis 1p–2p	Silver Splash 1:15p – 2p	Arthritis 1p-2p	Family Swim 1p-2p	Family Swim By reservation 1p -1:50p
Pools Closed 4:30p	Family Swim 2-2:50p	Adult Open 2p – 3p	Adult Open 2p – 3p	Adult Open 2p-2:50p	Family Swim reservations 2p-2:50p	Family Swim By reservation 2p – 2:50p
	Arthritis Plus 3p-4p	Family Swim 3p-3:50p By reservation	Middle School Swim 3p – 3:50p	Family Swim 3p-3:50 By reservation	Family Swim reservations 3-3:50p	Family Swim By reservation 3-3:50p
	Swim Lessons 4p-7p	<b>Swim Lessons</b> 4p-6:15p	Swim Lessons 4p – 5:15p	Swim Lessons 4p-7:15p	Family Swim Reservations 4p-4:50p	Family Swim By reservation 4-4:30p
	Pool Closed 7p	Pool Closed 6:15p	Family Swim Reservations only 5:15 – 6p	Pool Closed 7p	Family Swim Reservations 5-5:50p	Pool Closed 4:30p
			Arthritis Plus 6:15p – 7p		Pool Closed 6p	

Please note this schedule is subject to change due to school schedules, private lessons, additional classes and other events

## MAPLE