



AQUATICS SCHEDULE

November/December 2023
THE YMCA OF GREATER KALMAZOO

PORTAGE

2900 W. Centre Ave

Questions? Contact Portage
Aquatics Director Kat Cyr-Lopez

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For a better us.®

Schedule subject to change due to school schedules, private lessons, and other special events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim 11a-12p	Lap Swim 6-9a	Lap Swim 6-8a	Lap Swim 6-9a	Lap Swim 6-8a	Lap Swim 6a-8a	Lap Swim 8-8:45a
Lap Swim Family Swim 12-2:45p	Open Water Ex Lap swim 9-9:45a	Deep Water Ex Lap Swim 8-8:45a	Deep Water Ex Lap Swim 9-9:45a	Open Water Ex Lap Swim 8-8:45a	Deep Water Ex Lap Swim 8-8:45a	Swim Lessons Lap Swim 8:45-11:30a
	Deep Water Ex Lap Swim 10-10:45a	Shallow Water NO LAP LANES 9-9:45a	Shallow Water NO LAP LANES 10-10:45a	Shallow Water NO LAP LANES 9-9:45a	Aqua Stretch and Relax NO LAP LANES 9-9:45a	Lap Swim 11:30a-12:30p
	Shallow Water NO LAP LANES 11-11:45a	Swim Lessons Lap Swim 10a-11a	Lap Swim 11a-4p	Lap Swim 10-11a	Shallow Water NO LAP LANES 10-10:45a	Family Swim Lap Swim 12:30-2:45p
	Lap Swim 12p-3p	Arthritis Lap Swim 11-11:45a	Swim Lessons Lap Swim 4-6:30p	Arthritis Lap Swim 11-11:45a	Lap Swim 11a-3:30p	
	Family Swim Lap Swim 3-4p	Lap Swim 12-3:30p	Family Swim Lap Swim 6:30-7:30p	Lap Swim 12-3p	Family Swim Lap Swim 3:30-7:30p	
	Swim Lessons Lap Swim 5:30-6:45p	Swim Team Swim Lessons NO LAP LANES 3:30-5:30	Aqua Stretch and Relax NO LAP LANES 7:30-8:15p	Family Swim Lap Swim 3-4p		
	Family Swim Lap Swim 6:45-8:30p	Swim Lessons Lap Swim 5:30-6:45p		Swim Lessons Lap Swim 4-5:45p		
		Family Swim Lap Swim 6:45p-8:30p		Shallow Water NO LAP LANES 6-6:45p		
				Family Swim/Lap Swim 7-8:30p		Updated 11/13/24