



ADULT TENNIS CLASSES

JANUARY 2023
THE YMCA OF GREATER KALMAZOO

PORTAGE

2900 W. Centre Ave
Questions? Contact (p) 269-345-9622

For a better us.®

Schedule subject to change. All classes are program session based.

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4 Adult Intermediate 6-7:30pm	5 Adult Beginner 6-7pm	6	7
8	9 Team Practice 3.0 W 9-10:30am 3.5W 10:30-12pm Ladies Leagues 12-1:30pm Adult Inter/Adv. 7:30-9pm	10 Team Practice 3.5W 9-10:30am 3.0M 8-9:30pm Ladies Leagues 12-1:30pm	11 Cardio Tennis 8:30-9:30am Adult Intermediate 6-7:30pm Team Practice 3.5M 7:30-9pm	12 Ladies Leagues 9-10:30am 3D Drills 10:30-12p Singles Drills 12-1:30pm Adult Beginner 6-7pm	13	14
15	16 Team Practice 3.0 W 9-10:30am 3.5W 10:30-12pm Ladies Leagues 12-1:30pm Adult Inter/Adv. 7:30-9pm	17 Team Practice 3.5W 9-10:30am 3.0M 8-9:30pm Ladies Leagues 12-1:30pm	18 Cardio Tennis 8:30-9:30am Adult Intermediate 6-7:30pm Team Practice 3.5M 7:30-9pm	19 Ladies Leagues 9-10:30am 3D Drills 10:30-12p Singles Drills 12-1:30pm Adult Beginner 6-7pm	20	21
22	23 Team Practice 3.0 W 9-10:30am 3.5W 10:30-12pm Ladies Leagues 12-1:30pm Adult Inter/Adv. 7:30-9pm	24 Team Practice 3.5W 9-10:30am 3.0M 8-9:30pm Ladies Leagues 12-1:30pm	25 Cardio Tennis 8:30-9:30am Adult Intermediate 6-7:30pm Team Practice 3.5M 7:30-9pm	26 Ladies Leagues 9-10:30am 3D Drills 10:30-12p Singles Drills 12-1:30pm Adult Beginner 6-7pm	27	28
29	30 Team Practice 3.0 W 9-10:30am 3.5W 10:30-12pm Ladies Leagues 12-1:30pm Adult Inter/Adv. 7:30-9pm	31 Team Practice 3.5W 9-10:30am 3.0M 8-9:30pm Ladies Leagues 12-1:30pm				Black = 7 Week Session Class Green = Daily Drop In Class Red = Travel Team Mem- bers Only