



## 2020-2021 YOUTH BASKETBALL

### ROOKIE DIVISION RULES

1. Start the game with a jump ball
2. Coaches from each team will be on the floor coaching and refereeing
3. **No stealing** while a player is dribbling
4. Players can steal the pass
5. A player may block a shot, but do not foul. Players should keep their hands straight up in the air
6. Man to Man defense only
7. No zone defense
8. ½ court defense, mainly after a defensive rebound or a made shot
9. **PLEASE INCLUDE ALL PLAYERS DURING THE GAME; SHOOTING, DRIBBLING THE BALL UP THE FLOOR, PASSING, ETC.!!!!**
10. Please call fouls so that the players learn to play defense
11. Call out of bounds
12. No Free Throws
13. Teams are not allowed to double team
14. Play 8 - 4 to 6 minute quarters. This will make it easy to play all players to get an equal amount of playing time
15. Line the players up at ½ court each time there are substitutions so that the players know who they are guarding
16. If a player runs with the ball for more than 4 or 5 steps, stop them and tell them to dribble
17. If a double dribble occurs by a player more than 2 or 3 times in a row on the same possession, please stop the player and tell them to pass the ball
18. Most importantly - HAVE FUN!!!!

