



If I am a  
**BABY**  
I can...

If I am  
**2-5yrs**  
old I can...

If I am  
**6-9yrs**  
old I can...

If I am  
**10-12yrs**  
old I can...

If I am a  
**TEEN**  
I can...

If I am an  
**ADULT**  
I can...

If I am a  
**HEALTHY AGING ADULT**  
I can...

My  
**FAMILY**  
can...

Kids Zone (6 weeks - 7 years)

Early Learning Preschool

Access Y Youth Center at Maple (8 - 14 years)

Swim with Family

Swim Lessons (6 months+)

Martial Arts (4+ years)

Dance Classes

Mini Sports Camp (5 - 12 years)

Attend Group Exercise Classes (12+ years)

Gym Programs

Group Tennis Lessons (3+ years for all levels of play)

Private Tennis Lessons

Y Flag Football (4 - 14 years)

Golf Lessons

Pickleball

Basketball Programs (4 - 12 years)

Access All Exercise Equipment\*; Cardio, Strength, & Free Weights (12+ years)

Use Cardio Equipment  
w/an Adult\* (10 - 12 years)

Rent a Tennis Court (12+ years)

Swim without Adult Supervision\* (12+ years)

Swim Team & Pre-Competitive Swim (8 - 18 years)

Water Exercise Classes (13+ years)

Access Hot Tub (16+ years)

Access Facility w/o  
Parent (12 - 18 years)\*

Tennis Leagues

Cardio Tennis Class

Tennis Travel Team

### \* Households with Youth & Teen Members

Please be sure to familiarize yourself with the Y's full Youth Facility Access Guidelines, which can be accessed by scanning the QR code.



Kids **under 12** years old must be in a supervised Y program or accompanied by an adult while in the facility. Those **under 18** are required to complete Swim Testing or an Equipment Orientation prior to gaining access.