

## EXPECTATIONS

### Coaches:

- Players play an equal amount of time
- Communicate with participants and families
- Teach the foundations of football
- Coach each player to the best of their ability, and more
- Treat all athletes, families, YMCA staff and administration with the core values of the YMCA

### Parents:

- Understand the concussion protocol
- Support all volunteer coaches
- Encourage all players to do their best
- Treat all athletes, families, YMCA staff and administration with the core values of the YMCA
- Communicate all concerns and issues to Don Seibert

### Players:

- Be attentive at practice and ready to learn
- Encourage all teammates during practices and games
- Do the best of your ability at all times
- Teach your parents what you learn at practice and during games
- HAVE FUN!



## PHILOSOPHY OF YOUTH SPORTS

The YMCA of Greater Kalamazoo offers a variety of sports leagues and classes for boys and girls of all ages. Through sports and fitness, we provide the opportunity to build self-esteem, learn fundamentals and develop in spirit, mind and body. The values taught are good sportsmanship, playing to the best of one's abilities, and appreciating the abilities of all players, coaches and officials. Many of the successes would not occur without community and volunteer support. YMCA Youth Sports allows each child the opportunity to equally participate without the pressure of winning, or the inability to pay.

## YMCA CORE VALUES

Beyond learning about football, your child will develop an understanding of Honesty, Respect, Caring, Responsibility and Sportsmanship.

### Honesty

The importance of telling the truth

### Respect

Good listening skills and working together to accomplish a goal

### Caring

Playing together

### Responsibility

Following instructions and why it's important to contribute at home and school

### Sportsmanship

Use positive words with others

## 2020 PLAYERS CLINIC

The player's clinic on September 14<sup>th</sup> will consist of:

- Stations
  - Snapping
  - Receiving
  - Passing
- All participants will receive a YMCA Football
- Grades 1-2 will be from 10:45am-12:15pm
- Grades 3-4 will be from 9am-10:30am
- Clinic will be held at Woods Lake Elementary School
  - 3215 Oakland Dr.
- Participants will also scrimmage within their group
- Contact Don Seibert for more information
  - [daseib@kzoymca.org](mailto:daseib@kzoymca.org)
  - 269.459.4884
- The clinic is \$15 per player



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ENJOYING THE GAME 2020 YOUTH FLAG FOOTBALL

5 vs. 5 League

No Contact Flag Football



Registration: July 1 – August 31  
Scholarships Available

Pre-K through Grade 8  
September 8 – October 31  
[Kzoymca.org/youth-flag-football](http://Kzoymca.org/youth-flag-football)

## FREQUENTLY ASKED QUESTIONS

- **When will practices begin?**

September 7

- **When will I receive a call from a coach?**

Coaches will contact players prior to Labor Day.

*COACHES: All teams will need an adult coach before teams can begin practice.*

- **Where will my child practice?**

Practices are held at local schools and parks.

- **What time will practices be held?**

Practices are held Monday – Friday in the evening hours.

- **Why have I not been contacted by a coach?**

The YMCA may still be in need of a volunteer coach for the team your child in on.

- **What is the Player's Clinic?**

The player's clinic is for the players to go through some football drills to improve the skills they already have. The players will also scrimmage at the clinic.

- **When are games played?**

Games are on Saturdays, September 19 – October 31.

- **What time will my game be?**

Either: 8:30am, 9:30am, 10:30am, 11:30am, 12:30pm  
1:30pm, 2:30pm.

- **When will the schedule be available?**

The schedules will be completed by September 12.

They will be on-line [kzoymca.org/youth-flag-football](http://kzoymca.org/youth-flag-football) and emailed to coaches.

- **What do I have to provide for my child?**

All players need to wear a mouthpiece. If they are not wearing a mouthpiece, they cannot practice or participate in games on Saturday.

- **What are the rules for each division?**

Rules are on-line, [kzoymca.org](http://kzoymca.org).

- **Where are games played?**

Games will be played at Woods Lake located at 3215 Oakland Dt, or Mayor's Riverfront Park, located at 251 Mills St.

- **What size ball is used?**

1-2 Grade - nerf, pee wee or junior size football

3-4 Grade - junior size football

5-6 Grade - junior size football

## REGISTRATION FEES FINANCIAL ASSISTANCE

**Registration: July 1 - August 31**

**Late Registration: September 1-10 (\$10 late fee)**

During late registration, players will be assigned to teams where roster spots are available.

Grades Pre-K thru K Member: \$18 Community: \$29

Grades 1 thru 8 Member: \$41 Community: \$51

Registration and payments can be made at

[www.kzoymca.org](http://www.kzoymca.org), at the Portage or Maple branch or

by calling 269.459.4884

**Financial Assistance** is available based on family size and income. Applications are available at Member Services at each branch location. Proof of income is required.

## UNIFORMS & EQUIPMENT

- Participants will receive a team t-shirt to be worn at all games
- Players **MUST** wear a mouth piece
- During games and practices, watches and jewelry must be removed

## TEAM FORMATION

- Team rosters are limited to no more than 7 players
- Players will be notified of their team placement, as well as the time, day and location of your practice from the head coach

### Special Requests:

When registering, families can request one player, or coach, to be assigned to the same team. **We cannot guarantee special requests during late registration.**

For more information on the Flag Football Program, contact Don Seibert at 269.459.4884 or email [daseib@kzoymca.org](mailto:daseib@kzoymca.org).

## REGISTRATION FORM

Player Name \_\_\_\_\_

Birth Date \_\_\_/\_\_\_/\_\_\_

Age \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Zip \_\_\_\_\_

School / Neighborhood / One Friend Request

\_\_\_\_\_

Please circle: Y Member Community Member

T-shirt (circle): Youth S M L Adult S M L

Parent/Guardian \_\_\_\_\_

Phone \_\_\_\_\_

Cell \_\_\_\_\_

\*Email Address \_\_\_\_\_

Phone \_\_\_\_\_

**\*Please provide an email address as all confirmations & communications are via email.**

### Become a Coach for the Season

**YES** I would like to volunteer coach

Coaches Clinic: August 26, 2020 at the Maple St. YMCA

located at 1001 W. Maple St. in Kalamazoo. It will begin at

7:30pm.

Name \_\_\_\_\_

Email \_\_\_\_\_

Cell \_\_\_\_\_

**The YMCA relies on volunteers to help the program run in a positive direction. If you have time to coach a team this year, please include your information above.**

**Please return registration form with payment to:**

**YMCA Flag Football  
2900 W. Centre Ave.  
Portage, MI 49024**