# **EXPECTATIONS**

### **Coaches:**

- Teach the foundations of football.
- Ensure players play an equal amount of time.
- Communicate with participants and families.
- Coach each player to the best of their ability.
- Treat all athletes, families, and YMCA staff and administration with Y core values in mind.

#### **Parents:**

- Understand the concussion protocol.
- Support all volunteer coaches.
- Encourage all players to do their personal best.
- Treat all athletes, families, and YMCA staff and administration with Y core values in mind.
- Communicate all concerns and issues to Don Seibert.

# **Players:**

- Be attentive at practice and ready to learn.
- Encourage all teammates during practices and games.
- Play to the best of your ability at all times.
- Teach your parents what you learn at practice and during games.
- And most importantly...

# **HAVE FUN!**



### YOUTH PROGRAM PHILOSOPHY

The YMCA of Greater Kalamazoo offers a variety of sports leagues and classes for youth of all ages. Through sports and fitness, we provide the opportunity to build self-esteem, learn fundamentals, and develop in body, mind, and spirit.

Values taught are good sportsmanship, playing to the best of one's abilities, and appreciating the abilities of all players, coaches, and officials. This program's success could not be possible without the support of our community and our volunteers. Y Youth Sports allow each child an equal opportunity to participate without the pressure of winning. Assistance is available for those facing financial barriers.

### YMCA CORE VALUES

Beyond learning about football, your child will develop a deeper understanding of the Y's Core Values:

### Honesty

The importance of telling the truth

### Respect

Good listening skills and working together to accomplish a goal

# Caring

Playing together and supporting each other **Responsibility** 

Following instructions and understanding why it's important to contribute at home and school

# **2021 PLAYERS CLINIC**

- Saturday, September 11
- Grades 1-2 will meet 10:45am-12:15pm
- Grades 3-4 will meet 9am-10:30am
- Location: Woods Lake Elementary School, 3215 Oakland Dr., Kalamazoo
- Will feature:
  - Snapping
  - Receiving
  - Passing
- Participants will also scrimmage within their group.
- All participants will receive a YMCA football.
- \$15 per player



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

# ENJOYING THE GAME

2021 Youth Flag Football



Financial Assistance Available

Pre-K through Grade 6

Registration Dates: July 15 - August 31

Program Dates: September 7 - October 30

www.kzooymca.org/youth-flag-football

# **FREQUENTLY ASKED QUESTIONS**

## • When will practices begin?

Practices begin the week of September 6.

• When and where will practices be held?

Practices are held at local schools and parks, Monday – Friday in the evening hours.

When and where are games played?

Saturdays, September 25 – October 30, at Woods Lake Elementary, 3215 Oakland Dr., Kalamazoo.

What time will my game be?

Either 8:30am, 9:30am, 10:30am, 11:30am, 12:30pm, 1:30pm, or 2:30pm.

• When will the game schedule be available?

Schedules will be completed by September 12. They will be online at www.kzooymca.org/youth-flag-football and emailed to coaches.

• When will I receive a call from a coach?

Coaches will contact players prior to Labor Day. **COACHES**: All teams will need an adult coach before teams will begin practice.

Why haven't I been contacted by a coach?

The YMCA may still be in need of a volunteer coach for the team your child is on.

• What is the Player's Clinic?

It is for the players to go through football drills to improve the skills they already have. The players will also scrimmage at the clinic.

• What do I have to provide for my child?

All players need to wear a mouthpiece. If they are not wearing a mouthpiece, they cannot practice or participate in games.

What size ball is used?

Grades PreK - 2: Nerf, pee wee, or junior Grades 3 - 6: junior

• What are the rules for each division?

Rules are online at www.kzooymca.org/youth-flag-football.

# **STILL HAVE QUESTIONS?**

# REGISTRATION FEES & FINANCIAL ASSISTANCE

<b>Groups/Grade Level</b>	<u>Member</u>	<b>Community</b>
Touchdown Tots/PreK-K	\$30	\$40
Handoff Division/1-2	\$51	\$61
Passers Division/3-4	\$51	\$61
Going Deen Division/5-6	<b>\$51</b>	\$61

Registration: July 15 - August 31

Late Registration: September 1-10 (\$10 late fee)

During late registration, players will be assigned to teams where roster spots are available.

Registration and payments can be made online at www.kzooymca.org, at the Portage or Maple branches, or by calling Don Seibert at 269.459.4884.

**Financial Assistance** is available based on family size and income; proof of income is required. Please apply at Maple or Portage Member Services.

# **UNIFORMS & EQUIPMENT**

- Participants will receive an NFL reversible jersey, along with their own NFL belt with flags.
- Players MUST wear a mouthpiece.

# **TEAM FORMATION**

- Team rosters are limited to a maximum of seven players.
- Players will be notified by their head coach of team placement, as well as the time, day, and location of their practice.

# **Special Requests:**

When registering, families can make one request to be assigned to a particular coach, teammate, or practice neighborhood. We cannot guarantee special requests during late registration.

For more information on the YMCA's Flag Football Program, contact Don Seibert at 269.459.4884 or daseib@kzooymca.org.

# **REGISTRATION FORM**

Player Name

Birth Date// Age Grade		
Address		
City Zip		
Friend/Coach/Neighborhood Request (one only):		
Please circle: Y Member Community Member		
Uniform (circle): Youth: S M L Adult: S M L		
Parent/Guardian		
Phone		
Cell/Phone		
Email (required*)		
*All confirmations and communications will be sent		
via email.		

### **Become a Coach for the Season:**

The YMCA relies on volunteers to help this program run in a positive direction. If you have time to coach a team this year, please sign up below:

YES, I would like to volunteer coach!
Name
Email
Cell

**Coaches Clinic:** August 25, 2021 at 7:30pm Maple YMCA, 1001 W. Maple St., Kalamazoo

Return registration form with payment to:

YMCA of Greater Kalamazoo Attn: Flag Football 2900 W. Centre Ave. Portage, MI 49024