



AQUATICS SCHEDULE

Sept. 8-Dec. 19
THE YMCA OF GREATER KALMAZOO

PORTAGE

2900 W. Centre Ave

Questions? Contact Portage

Aquatics Director Kat Cyr-Lopez

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For a better us.®

Schedule subject to change due to school schedules, private lessons, and other special events.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Lanes 11a-12:30p	Lap Lanes 6-7:55a	Lap Lanes 6-7:55a	Lap Lanes 6-7:55a	Lap Lanes 6-7:55a	Lap Lanes 6-7:55a	Lap Lanes 8-8:45a
Family Swim Lap Lanes 12:30-3:30p	Open Water Ex Lap Lanes 8-8:45	Open Water Ex Lap Lanes 8-8:45	Open Water Ex Lap Lanes 8-8:45	Open Water Ex Lap Lanes 8-8:45	Open Water Ex Lap Lanes 8-8:45	Swim Lessons Lap Lanes 8:45-11:30a
Lap Lanes 3:30-4:30p	Aqua Jam Lap Lanes 9-9:45a	Water Exercise NO LAP LANES 9-9:45a	Deep water arth.+ Lap Lanes 9-9:45a	Water Exercise NO LAP LANES 9-9:45a	Aqua Jam Lap Lanes 9-9:45a	Lap Lanes 11:30-12:30p
	Open Water Ex Lap Lanes 10-10:45a	Swim Lessons Lap Lanes 10-11a	Water Exercise NO LAP LANES 10-10:45a	Aqua Cardio Drum Lap Lanes 10-10:45a	Water Exercise NO LAP LANES 10-10:45a	Family Swim Lap Lanes 12:30-3p
	Water Exercise NO LAP LANES 11-11:45a	Arthritis Lap Lanes 11-11:45a	Aqua Jam Lap Lanes 11-11:45a	Arthritis Lap Lanes 11-11:45a	Swim Lessons Lap Lanes 11a-12p	Lap Lanes 3:00-4:30p
	Lap Lanes 12-2:45	Lap Lanes 12-2:55p	Lap Lanes 12-2:45p	Lap Lanes 12-3:15p	Lap Lanes 12-3:30p	
	Family Swim Lap Lanes 2:45-3:45p	Water Exercise* Lap Lanes 3-3:45p	Family Swim Lap Lanes 2:45-4p	Swim Lessons Lap Lanes 3:15-5:55p	Family Swim Lap Lanes 3:30-7:30	
	Swim Lessons Lap Lanes 4:00-6:30p	Swim Lessons Lap Lanes 4-7:15p	Swim Lessons Lap Lanes 4:15-7:15p	Water Exercise NO LAP LANES 6-6:45p		
	Family Swim Lap Lanes 6:45-8:30p	Family Swim Lap Lanes 7:15-8:30p	Family Swim Lap Lanes 7:30-8:30p	Family Swim Lap Lanes 7-8:30		Lap Lanes are adult use time for either lap swim or water exercise
*Paid Programming- Register in your Y account for sessions		*Starting 9/22				Revised 9/2/2026