



AQUATICS SCHEDULE

May 8-June 11 2023
THE YMCA OF GREATER KALMAZOO

PORTAGE

2900 W. Centre Ave

Questions? Contact Portage
Aquatics Director Kat Cyr-Lopez

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For a better us.®

Schedule subject to change due to school schedules, private lessons, and other special events.

MON	TUE	WED	THUR	FRI	SAT	SUN	
6a-8a	6a-8a	6a-8a	6a-8a	6a-8a			
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
8a-9a	8-8:45a	8a-9a	8-8:45a	8-8:45a			8a-9a
Lap Swim	Deep Water Exercise Lap Swim	Lap Swim	Open water exercise Lap swim	Deep Water Exercise Lap Swim			Lap Swim Swim lessons
9-9:45	9-9:45a	9-9:45a	9-9:45a	9-9:45a			9a-10a
Open water exercise Lap swim	Shallow Water Ex No Lap Lanes	Deep Water Exercise Lap Swim	Shallow Water Ex No Lap Lanes	Aqua Stretch & Relax No Lap Lanes			Lap Swim Swim lessons
10-10:45a	10-10:45a	10-10:45a	10-10:45a	10-10:45a			10a-11a
Deep Water Exercise Lap Swim	Lap Swim Swim lessons	Shallow Water Ex No Lap Lanes	Lap Swim Swim lessons	Shallow Water Ex No Lap Lanes			Lap Swim Swim lessons
11-11:45a	11-11:45a	11a-3p	11a-3p	11-11:45a	11a-12:30p	11a-12p	
Shallow Water Ex No Lap Lanes	Arthritis Lap swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim Swim lessons	Lap Swim	
12p-4p	12p-4p	3p-4p	3p-4p	12-4p	12:30-2:45p	12p-2:45p	
Lap Swim	Lap Swim	Lap Swim Family Swim	Lap Swim Family Swim	Lap Swim	Lap Swim Family Swim	Lap Swim Family Swim	
4p-5p	4p-5:15p	4-5:15p	4-5:45p	4-7:30p			
Lap Swim Swim lessons	Lap Swim Swim lessons	Lap Swim Swim lessons	Lap Swim Swim Lessons	Lap Swim Family Swim			
5-7:30p	5:15-6:30p	5:15-7:30p	6-6:45p				
Lap Swim Swim lessons	Lap Swim Swim lessons	Lap Swim Swim lessons	Shallow Water Ex No Lap Lanes				
7:15-8:15p	6:30-8:30p	7:30-8:15p	7p-8:30p				
Lap Swim Family Swim	Lap Swim Family Swim	Aqua Stretch & Relax No Lap Lanes	Lap Swim Family Swim				
8:15p-8:30p							
Lap Swim							

3/3/2023