



# AQUATICS SCHEDULE

January 5-April 18  
THE YMCA OF GREATER KALMAZOO

**PORTAGE**

2900 W. Centre Ave

Questions? Contact Portage

Aquatics Director Kat Cyr-Lopez

kcyr-lopez@kzoymca.org | (p) 269 324-9622 x420

For a better us.®

Schedule subject to change due to school schedules, private lessons, and other special events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Lanes 11a-12:30p	Lap Lanes 6-7:55a	Lap Lanes 6-7:55a	Lap Lanes 6-7:55a	Lap Lanes 6-7:55a	Lap Lanes 6-7:55a	Lap Lanes 8a-8:45a
Family Swim Lap Lanes 12:30-3:30p	Open Water Ex Lap Lanes 8-8:45	Open Water Ex Lap Lanes 8-8:45	Open Water Ex Lap Lanes 8-8:45	Open Water Ex Lap Lanes 8-8:45	Open Water Ex Lap Lanes 8-8:45	Swim Lessons Lap Lanes 8:45-11:30a
Lap Lanes 3:30-4:30p	Aqua Jam Lap Lanes 9-9:45a	Water Exercise NO LAP LANES 9-9:45a	Deep water arth.+ Lap Lanes 9-9:45a	Water Exercise NO LAP LANES 9-9:45a	Aqua Jam Lap Lanes 9-9:45a	Lap Lanes 11:30-12:30p
	Water Exercise \$ Lap Lanes 10-10:45a	Swim Lessons Lap Lanes 10-11a	Water Exercise NO LAP LANES 10-10:45a	Aqua Cardio Drum/ Lap Lanes 10-10:45a	Water Exercise NO LAP LANES 10-10:45a	Family Swim Lap Lanes 12:30-3
	Water Exercise NO LAP LANES 11-11:45a	Arthritis Lap Lanes 11-11:45a	Aqua Jam Lap Lanes 11-11:45a	Arthritis Lap Lanes 11-11:45a	Family Swim Lap Lanes 11a-12p	Pool Closed- Safety Break 3-3:15p
	Lap Lanes 12-2:45p	Lap Lanes 12-2:45p	Lap Lanes 12-2:45p	Lap Lanes 12-2:45p	Lap Lanes 12-3:30p	Lap Lanes 3:15-4:30p
	Family Swim Lap Lanes 2:45-3:45p	Family Swim Lap Lanes 2:45-3:45p	Family Swim Lap Lanes 2:45-3:45p	Family Swim Lap Lanes 2:45-3:45p	Family Swim Lap Lanes 3:30-7:30p	
	Swim Lessons Lap Lanes 4-7p	Swim Lessons Lap Lanes 4-6:30p	Swim Lessons Lap Lanes 4-7:15p	Swim Lessons Lap Lanes 4-6p		
	Family Swim Lap Lanes 7-8:30p	Swim Team Lap Lanes 6:00-7:30p	Family Swim Lap Lanes 7:15-8:30p	Water Exercise NO LAP LANES 6-6:45p		Lap Lanes are adult use time for either lap swim or water exercise
*Paid Programming-Register in your Y account for sessions		Family Swim/Lap Lanes 7:30-8:30p		Family Swim Lap Lanes 7-8:30p		Revised 12/19/25