



AQUATICS SCHEDULE

January 5-April 18
THE YMCA OF GREATER KALMAZOO

PORTAGE

2900 W. Centre Ave

Questions? Contact Portage

Aquatics Director Kat Cyr-Lopez

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For a better us.®

Schedule subject to change due to school schedules, private lessons, and other special events

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| Lap Lanes 11a-12:30p | Lap Lanes 6-7:55a | Lap Lanes 6-7:55a | Lap Lanes 6-7:55a | Lap Lanes 6-7:55a | Lap Lanes 6-7:55a | Lap Lanes 8a-8:45a |
| Family Swim Lap Lanes 12:30-3:30p | Open Water Ex Lap Lanes 8-8:45 | Open Water Ex Lap Lanes 8-8:45 | Open Water Ex Lap Lanes 8-8:45 | Open Water Ex Lap Lanes 8-8:45 | Open Water Ex Lap Lanes 8-8:45 | Swim Lessons Lap Lanes 8:45-11:30a |
| Lap Lanes 3:30-4:30p | Aqua Jam Lap Lanes 9-9:45a | Water Exercise NO LAP LANES 9-9:45a | Deep water arth.+ Lap Lanes 9-9:45a | Water Exercise NO LAP LANES 9-9:45a | Aqua Jam Lap Lanes 9-9:45a | Lap Lanes 11:30-12:30p |
| | Water Exercise \$ Lap Lanes 10-10:45a | Swim Lessons Lap Lanes 10-11a | Water Exercise NO LAP LANES 10-10:45a | Aqua Cardio Drum/ Lap Lanes 10-10:45a | Water Exercise NO LAP LANES 10-10:45a | Family Swim Lap Lanes 12:30-3 |
| | Water Exercise NO LAP LANES 11-11:45a | Arthritis Lap Lanes 11-11:45a | Aqua Jam Lap Lanes 11-11:45a | Arthritis Lap Lanes 11-11:45a | Family Swim Lap Lanes 11a-12p | Pool Closed- Safety Break 3-3:15p |
| | Lap Lanes 12-2:45p | Lap Lanes 12-2:45p | Lap Lanes 12-2:45p | Lap Lanes 12-2:45p | Lap Lanes 12-3:30p | Lap Lanes 3:15-4:30p |
| | Family Swim Lap Lanes 2:45-3:45p | Family Swim Lap Lanes 2:45-3:45p | Family Swim Lap Lanes 2:45-3:45p | Family Swim Lap Lanes 2:45-3:45p | Family Swim Lap Lanes 3:30-7:30p | |
| | Swim Lessons Lap Lanes 4-7p | Swim Lessons Lap Lanes 4-6:30p | Swim Lessons Lap Lanes 4-7:15p | Swim Lessons Lap Lanes 4-6p | | |
| | Family Swim Lap Lanes 7-8:30p | Swim Team Lap Lanes 6:00-7:30p | Family Swim Lap Lanes 7:15-8:30p | Water Exercise NO LAP LANES 6-6:45p | | Lap Lanes are adult use time for either lap swim or water exercise |
| *Paid Program- ing-Register in your Y account for sessions | | Family Swim/Lap Lanes 7:30-8:30p | | Family Swim Lap Lanes 7-8:30p | | Revised 12/19/25 |